Re-Opening Our Communities: Wearing Masks Keep in mind that children under 2 and those that have difficulty breathing or cannot remove the mask without help should not wear masks



You can use anything that covers your nose and mouth

You should wear a mask when:



Going shopping, even if it is a curbside or door pick up

Exercising and you cannot safely maintain 6 feet of distance from those around you



Traveling in public transportation, including Uber and Lyft



Riding in a vehicle with someone who you do not share a household with

The CDC recommends wearing cloth face masks to help prevent the spread of the coronavirus to others when talking, coughing, or sneezing. This is important because you could be sick and spread the virus, even if you feel well. Remember, wearing a mask is not a substitute for physical distancing.





